

Roy C. Ketcham High School
99 Myers Corners Road Wappingers Falls, NY 12590 (845) 298-5100 x31023 Fax (845) 298-5055

### CONCUSSION/SIGNIFICANT HEAD INJURY

Any medically diagnosed "concussion", significant head injury, or suspicion of a significant head injury based on medical disclosure of such or observed or reported symptoms.

### Any student categorized as above:

- will be immediately removed from activity such as Physical Education (PE), recess, interscholastic and intramural athletics.
- may not resume physical activities until at least 24 hours have passed without symptoms <u>and</u> the student has been assessed and cleared <u>in writing</u> by a medical provider. The school nurse will send the written clearance by the private medical provider to the District Physician for final approval.

## In order to return to Interscholastic athletics, the student must:

- receive written concussion clearance from a medical provider.
- complete a Return-to-Play program with the high school athletic trainer. After completing the program, the trainer will send documentation to the District Physician for final approval.

Please find a concussion overview and legislative background on the health office website from NYSED. Call us with any concerns or questions.

Thank you,

School Nurse RCK Health Office

Phone: 845-298-5100 x31023

Fax: 845-298-5055

The mission of the Wappingers Central School District is to empower all of our students with the competencies and confidence to challenge themselves, to pursue their passions, and to realize their potential while growing as responsible members of their community.



## CONCUSSION/SIGNIFICANT HEAD INJURY CLEARANCE

# **FOR PROVIDER USE ONLY** Patient Name \_\_\_\_\_ DOB \_\_\_\_ Diagnosis: \_\_\_\_\_ Assessment ☐ *Absent* from signs/symptoms of concussion >24hours ☐ Signs/Symptoms of concussion *present*: Other: **Physical Education/Sports** ☐ Able to fully participate in physical education/sports without restriction ☐ No physical education/sports until reassessed Other:\_\_\_\_ Provider Name Provider Role: MD/DO PA NP Signature \_\_\_\_\_ Date \_\_\_\_ Office Phone \_\_\_\_\_ Office Fax \_\_\_\_\_ Stamp:

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